

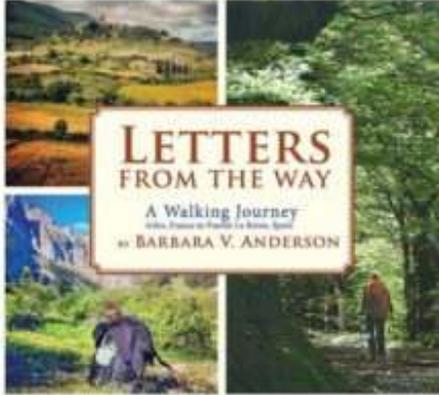
# “Letters from the Way” by Barbara Anderson

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By [Helen Rittersporn](#) on 8-07-2017 in [Blog Post](#), [Book](#)



On this Monday we are kicking off the new week looking at the 2015 book “Letters from the Way” by Barbara Anderson. It is about her solo long distance walk from Arles, France to Puente la Reina, Spain covering 600 miles!

**“This was not Barbara’s first long distance walk and like she did before, she wrote weekly letters to her family. As these letters were shared, she found herself writing to more than fifty friends who then shared the letters with their friends.”**

From the Overview it includes –

*“... Photographs by Barbara and others she met along the trail provide a visual accompaniment to her quirky observations. The letters are her musings about fellow pilgrims, vultures and butterflies, the endless rain, lessons to learn, and spiritual questions to answer. Her often humorous and always honest reflections make a good and relatable resource for anyone wondering what it would be like to set out on their own very long journey.” ...*

I’m discovering some of my pen pals read a LOT and this book will be an additional item to ask in my letter replies if they have already read it. I’m ordering a copy of the book and look forward to its arrival. The one review said it makes a great ‘coffee table book’. *Here’s to a great week ahead!*



*Anchors Aweigh,*

*Helen*

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**“Letters from the Way” by Barbara Anderson Attribution & Thank you to the following who are referenced today**

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